

A Gentle Longing, A Greater Contentment

A Personal Reflection on Contentment in Later Life

Reflections Reflections WhatsApp post, 23 April 2026

There is a gentle longing to revisit life's earlier moments — not to alter them, but briefly to relive their simple joys. Yet I remain content in the present, trusting that God has led me here with purpose. What lies before me is not loss, but blessing, waiting to be recognised with gratitude.